

How can I help?

Volunteering to work with the British Red Cross is a great way to learn new skills and make a difference to people's lives. As a skin camouflage volunteer, you will have the rewarding experience of helping others to make a real difference to their quality of life.

We train new volunteers as and when the need arises in a particular area. If you would like to find out more about opportunities in your locality, please contact your nearest Red Cross skin camouflage service. We welcome people from all backgrounds and all sections of the community.

"Your service gives many of our patients a great deal of confidence in facing the outside world again."

Consultant plastic surgeon

For further information about the skin camouflage service in your area, please contact:

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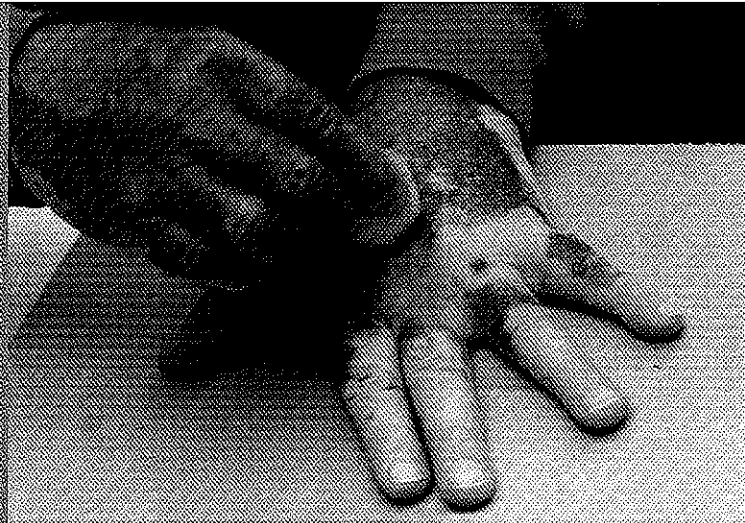
Skin Camouflage

Rebuilding your confidence



The British Red Cross helps people in times of crisis, providing a range of services in local communities across the UK.

These services offer short-term assistance to people in need of our help. All our services are delivered by skilled volunteers and staff.



What is the skin camouflage service?

For someone coping with scarring or a disfiguring skin condition, specialist camouflage cover creams offer a way to cope. Our service helps individuals to regain confidence and independence.

How does the service work?

Our trained volunteers select the best colour match for each person's natural skin tone. We then teach them how to apply the cover creams to improve the appearance of affected areas.

These creams, which are available on prescription, can provide effective, waterproof cover for a wide number of skin conditions, including:

- scarring (from burns, accidents, acne etc)
- vitiligo
- rosacea
- birthmarks
- tattoos
- leg veins
- pigmentation problems
- other skin conditions

Skin camouflage treatment is free but we welcome donations to help support the service.

Here is what people who have already benefited from the service say:

"I know the vitiligo won't go away but now I can just be myself again."

Young service user

"When I look in the mirror without it, all I see is redness. As soon as it's on I feel so confident and can just get on with my life."

Service user with rosacea

Who can benefit from the service?

The service is available to anyone who would like to learn how to camouflage a scar or skin condition.

If you, or someone you know, could benefit from this service, please contact your local Red Cross skin camouflage service. All we need is a letter of referral from your GP or consultant.